MY-KONOS

In the greater St Francis you can....

St Francis Bay

- 1) **Visit** the monthly **Morning Market**, every last Saturday of the month, over long weekends and every Saturday during peak season. Cell: 083 294 2211
- 2) Visit Bruce's Ocean Museum & Café at Granny's Pool, Harbour Road. Cell: 084 585 8361
- 3) Have a picnic and let the kids play in the Community Garden.
- 4) **Snorkel** at Bruce's or take out some oysters (make sure you have a valid permit).
- 5) Look out for the Perfect Wave at Bruce's Beauties and get on it with your **surfski** or **surfboard**!
- 6) Suntan, surf or swim at Hobie Beach at Aldabara Run.
- 7) **Body surf** at Anne Ave.
- 8) **Walk** on the spit or do the Two Harbours Walk connecting the Heritage Eco Centre at the Granny's Pool in Harbour Road with Port St Francis
- 9) Play **bowls** on a Wednesday.
- 10) Join the tennis club on a Saturday.
- 11) Join the locals for some doubles **squash** at the club in Lyme Rd South on Tuesdays, Thursdays or Sundays.
- 12) Play **golf** at St Francis Links rated as number 5 on the SA Top 10 rated courses.
- 13) Play golf at St Francis Bay Golf Club where the 13th tee overlooks the ocean.
- 14) Find the Leighton Hulett **Sundial** in Assissi Drive.
- 15) Hire a bicycle and get a **cycle** route map from Coimbra Cycle Centre. Contact Ewan van Vuuren on 082 476 1616. 555 St Francis Drive.
- 16) Ask for a frog safari at Dune Ridge Country House. (Not during the dry season.)
- 17) Enjoy a **craft rum and homemade cheese tasting** at One33. Co R330 and Oyster Bay Rd. Cell: 082 892 9353
- 18) Go Sand Boarding. Boards for hire from Sheila, Cell: 072 456 7797
- 19) Take a **Surf** Lesson. Etienne Cell: 0823247284. Short mini mould surf boards (7ft, 7.2ft, 7.4ft, 7.6ft) for hire from Ruva, The Store, at the Village Square Shopping Centre, Tel: 042 294 0554. (R200 cash deposit. R50 per hour or R200 for 24 hours.)
- 20) Get a dance lesson from Fred Astaire Dance Studio. Cell: 084 705 6939.
- 21) Do a **craft beer tasting** at St Francis Brewery. Cell: 063 274 3743
- 22) Play in the waves with your jet-ski.

Port St Francis

- 1) Ask for calamari tasting. (Clive's Chokka Block Restaurant, Cell: 082 576 0192.)
- 2) Take photos from the harbour wall at Port St Francis (and take care during an easterly, you could get seriously wet!).
- 3) **Walk** the 2,5km Two Harbours Walk between Port St Francis and Granny's Pool (or vice versa).
- 4) Book a deep-sea fishing, sunset, or eco cruise.
- 5) Book a unique Ink Trip with St Francis Safari's and learn to catch chokka/calamari! (During

open season only.)

- 6) Enjoy a boat-based whale watching excursion with St Francis Safaris.
- 7) Get a permit and **pick black mussels** along the coastline from Granny's Pool to Port St Francis.

Cape St Francis

- 1) Walk on the Wild Side/Rocky Coast Farm trail.
- 2) Walk to the **blow hole** (Start at Sunset Rock, walk past an old green fishermen's shack, stick to the footpath closest to the shoreline... soon you will find a small rock pile. Look left and wait! Follow that footpath onto the rocks, but please take care, don't go to close!!)
- 3) Watch the sunset from Sunset Rock.
- 4) **Touch** the remains of the rusted boiler that belonged to the HMS Osprey (wrecked in 1867), one of the last four-gun wooden steam naval battle-sloops built in Britain. Get off the footpaths and stick to the shoreline.
- 5) **Find** the unknown grave on the Wild Side It is unmarked but lies on a perfect west-east line, about 200m west of the HMS Osprey.
- 6) **Spot** the remains of the British Steamer Cape Recife (1929) about 400m west of the Seal Point Lighthouse, only visible during low tide.
- 7) Snorkel or scuba dive at Johnson's Pool.
- 8) Visit Seal Point Lighthouse and take a photo or do an excursion to the top. (R50)
- 9) Stand on the south easternmost tip of Africa, Seal Point.
- 10) **Watch surfers** and **kiteboarders** at Seals or join them. Surfboards are available for hire from RVCA. The Shop, at the Village Square Shopping Centre.
- 11) Visit the Shipwreck Museum in Cape St Francis next to Coastal Collective.
- 12) **Walk** to **Shark Point** from either Cape St Francis or Port St Francis (on all the maps you will find this as Cape St Francis Point!)
- 13) Explore the trails of the Seal Bay Nature Reserve.
- 14) Walk from the Seal Point Lighthouse to Port St Francis.
- 15) Walk through the Irma Booysens Floral Reserve.
- 16) **Rent** a **coastal cruiser bike** from Coastal Collective and explore the area using the many well marked cycle routes. 2 Suffolk Lane. Cell: <u>076 134 1529</u>
- 17) Visit Liquid Lines Aquatics Centre

St Francis Canals / River

- 1) Fish in the canals or on the Kromme River. (Make sure you have a valid permit.)
- 2) **SUP** (stand up paddle) the famous St Francis Canals, who received Blue Flag status in 2017 2019. You can hire an SUP from The Store (RVCA) at The Village Centre, Tel: 042 294 055 (R500 cash deposit & R250 an hour or R500 for 24 hours) OR from The Quays, Cell: 063 706 83120.
- 3) Watch the birds at the estuary of the Kromme River Mouth.
- 4) **Paddle/canoe** in the canals. Double canoes are for hire from The Quays Restaurant. Cell: 063 706 8310.
- 5) Take a **high-speed boat charter** for 14km on the scenic Kromme River or Geelhout tributary lined with indigenous forest. Cell: 063 706 8310
- 6) Book a canal cruise at The Quays, Seaglades Drive, Tel: 042 294 0386; Hartley House, 7 Spray

Ave, Cell: 081 831 8622 OR Cape St Francis Resort, Tel: 042 298 0054.

- 7) Hide from the easterly or westerly at **The Cove** a popular swimming area on the canals.
- 8) Explore the dunes with a sandboard: Cell: 0724567797
- 9) Kite-surf or wind surf at the Estuary/Pumphouse on Shore Road.
- 10) Enjoy waterskiing, wakeboarding, boating, canoeing & fishing on the Kromme River.

Oyster Bay

- 1) Do the Milk Run on your **MTB** (Bike hire at Oyster Bay Lodge @ R200 for ½ day)— the many roads leading between St Francis, Humansdorp and Oyster Bay.
- 2) Try out **fat-biking** at Oyster Bay Lodge (Bike hire @ R300 for ½ day)
- 3) Walk to the ancient fish traps east of Oyster Bay.
- 4) Walk 8km to Klippenpunt from Oyster Bay.
- 5) Enjoy a **beach horse ride** on the Oyster Bay beach with the Oyster Bay Lodge. (R400 p.p. for 1½ hours)
- 6) Dune safari or Luxury Dune picnic with Oyster Bay Lodge (R400 p.p. for 1 ½ hours)
- 7) **Explore** some of the various **Hiking Trails**. (R30 p.p. for the day)
- 8) Guided bird, fynbos and wetland walk
- 9) Sand boarding on the endless dunes in Oyster Bay (R300 for 3 hours)
- 10) Book a Township tour with Oyster Bay Lodge
- (All activities are weather dependant and must be booked in advance.)

Just around the corner

- 1) Go and pick your own strawberries or dragon fruit on a farm during the season. (Hankey)
- 2) Visit a farm stall in Patensie in the citrus growing Sunday's River Valley. Tolbos Country Store
- & Restaurant, Cell: 0711243627. Padlangs Country Restaurant, Cell: 0790326976
- 2) Spend a day Trail running, Mountain biking and Hiking at Thornhill
- 3) **Swim with seals** in Plettenberg Bay
- 4) You can go and enjoy **Deep-sea fishing** or a shopping trip to Port Elizabeth.
- 5) Big 7 in 1 day cruise and safari. Raggy Charters, Cell: 0731522277
- 6) Shark cage Diving with Raggy Charters
- 7) Whale, dolphin & penguin watching on an Island cruise with Raggy Charters.
- 8) Bird Island Boat Cruise.
- 9) Enjoy a day trip to Addo **Elephant** National Park and the Zuurberg hiking Trails.
- 10) Try **bungee jumping** at Bloukrans River Bridge. Bloukrans Bungy is the worlds highest commercial bungy bridge. It is also the highest commercial natural bungy jump in the World. 216 m high. Tel: 042 281 1455.
- 11) **Zip-line** from one platform to another along a steel cable suspended up to 30 meters above the forest floor. Tsitsikamma Canopy Tours, Cell: 042 281 1836 or criss-cross the Kruis River on a waterfall zipline tour. Tsitsikamma Falls Adventures, Cell: 082 578 1090.
- 12) Explore the Storms River Gorge on an inflatable tube. Tsitsikamma Black Water Tubing, Tel:

042 281 1757

- 13) Visit **Tsitsikamma National Park** with its diverse fauna & flora and **hike** The Mouth Trail which crosses a suspension bridge over the Storms River. Tell: 042 281 1607.
- 14) Spend the day at **Monkey Land**, the world's first free-roaming, multi-species primate sanctuary and **Birds of Eden**, the world's largest free flight aviary and bird sanctuary, in The Crags. Tel: 044 534 8906.
- 15) Experience hands-on educational **elephant interactions** at Plettenberg Bay Elephant Sanctuary. Cell: 066 427 5724